**Messy Mornings at RMOA**

**Frequently Asked Questions**

**What family/parent facilities are available at RMOA?**

All three levels of RMOA have an accessible unisex/all gender bathroom with a baby change table, including Level 1. Inside Level 1 Programs Rooms there are some chairs and tables, microwaves, and sinks. On the Ground Floor of RMOA is a parent and family room with a chair for feeding, a microwave and a sink.

**Is my baby too young to go to Messy Mornings?**

Babies of all ages are welcome to attend Messy Mornings. Activities are designed to enrich children’s creativity and awareness of the visual world around them while also helping to develop fine motor skills. Even the smallest babies can enjoy getting their hands messy, and the sessions are a great opportunity for parents/carers to make connections with other adults as well!

**Are the materials safe for small children?**

All of the paints and materials used in Messy Mornings are safe and non-toxic. We do require that the accompanying adult supervises their child at all times. Please notify us of any allergies as soon as you purchase a ticket.

**Can I bring another adult with me?**

Each ticket admits one child and one adult only. This is because our Messy Mornings sessions are so popular that we usually only have space for one adult to attend per child. If having a second adult with you is needed for you or your child to access the program please contact us in advance so that we can make sure there’s space available.

**Is food available at Rockhampton Museum of Art?**

Food and drink is not allowed into Gallery spaces of Rockhampton Museum of Art. Hummingbird Café is accessible from the colonnade/Customs House side of the building. Opening hours for the café are listed on Hummingbird’s social media.

**I can't attend on Mondays or Fridays. Do you have a similar program on different days?**

Every day during every Queensland school holidays, RMOA provides free children’s activities from 9.30am – 12.30pm with a friendly staff member on hand to assist, as well as ticketed Art Adventure sessions and a variety of children’s workshops. You might like to book a Messy Arty Party at RMOA if you have a birthday or event to celebrate!

**What happens in a session of Messy Mornings?**

Attendees check in at RMOA Front of house and receive a name tag for themselves and their child, then gather in Level 1 Foyer (accessible via lift and stairs) until the doors open at 10.00am. When entering, everyone takes off their shoes and socks. The facilitator will have prepared a range of exciting and inviting stations featuring a variety of sensory experiences featuring, for example, textures and colours of paint, rice, noodles, and toys for everyone to explore at their own pace, including some stations that are dry. Sessions often focus on a theme. The facilitator strikes a balance between guiding children through activities and allowing plenty of time and space for adults and children to explore together. There is a low water trough for rinsing off at the end of the session.

**Can I find out more information about Messy Mornings?**

We have some online workshops available here, please send any further questions to RMOAlearning@rrc.qld.gov.au or call (07) 4936 8248.